



BO'NESS BEACON

Bo'ness Academy Newsletter

April 2025



As we head into the Easter break, we're delighted to bring you this latest edition of the *Bo'ness Beacon* — our school's way of celebrating the incredible things happening across our community.

This newsletter is more than just a summary of events; it's a spotlight on the creativity, talent, hard work, and spirit that make our school community special. From exciting classroom projects and achievements, to sporting success, creative arts, excursions, and pupil leadership — there's so much to be proud of, and we want to share it with you.

We hope you enjoy reading about all the brilliant things our pupils and staff have been up to from January through to April. Thank you for being part of our journey and for supporting the Bo'ness Academy community.

Dates for your Diary

25 th April 2025	– SQA Exams start
6 th & 7 th May 2025	- D of E Expedition Bronze
29 th May 2025	- S5 & 6 Prom
2 nd June 2025	- Change of timetable
4 th – 6 th June 2025	- D of E Expedition Silver
11 th & 12 th June 2025	- School Show
27 th June 2025	- End of Term

Apprenticeship Evening

On the 27 February we had our first ever Apprenticeship Evening. It was big success with over 400 people in attendance. We hosted the event a week before Scottish Apprenticeship Week as a soft launch to all the apprenticeship opportunities which would be released on Apprenticeship Week.

We had over 30 stalls on the night including a lot of new partnership organisations including SECTT Testing, NHS, Babcock, Morgan Sindall, Sygenta, West Fraser and Drummond Laurie. Forth Valley College brought their welding equipment in and there were practical activities available for people to try out their skills on.

It was very exciting for some of our young people to meet with employers who were handing out application forms on the night as well as gaining insights into interview processes including Falkirk Council for all the available trade apprenticeships.

We were also very lucky to have one of our ex-pupils Natalie who works for Leonardo attend and give a presentation on her experience as a graduate apprentice. This helped cast away any myths surrounding apprenticeships and how supported she is with her university course as she has her own mentor and has been able to lead on large work projects within the organisation.

We will be hosting another Apprenticeship Evening next year before Scottish Apprenticeship Week. This will again include universities, colleges and employers who offer foundation, graduate and modern apprenticeships.



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Cyrenians

I am a group facilitator and work for Cyrenians in partnership with the Employment Training Unit. My role is to facilitate the course over 12 sessions in 6 weeks. Before the group begins a workshop plan is created to cover the whole period. The course is very varied and includes topics such as

- Building confidence and self-esteem
- Managing stress and anxiety
- Managing money /debt advice
- Smile 4Life dental presentation
- Encouraging positive parenting group discussion
- Future goals and aspirations
- Learning self-care and inner value
- How food can affect your mood
- The benefits of volunteering
- Techniques in being assertive

The accredited qualifications which are part of the course are, basic food hygiene and First Aid where we have outside agencies coming in to deliver.

I like to ask people what they hope to get out of the group and if time is permits, I may be able to incorporate some other things in like helping people in preparing for a job interviews. The main thing about the course for me is helping parents build their confidence as they may not have worked for a while, or circumstances have changed after having children. Parents may not know what they would like to do so this course can help give them options if they feel ready to get into employment or training. One of the rewarding things for me as a facilitator is seeing how the parents' confidence grows with each session and over time realise, they are not alone and are part of something.

Paul

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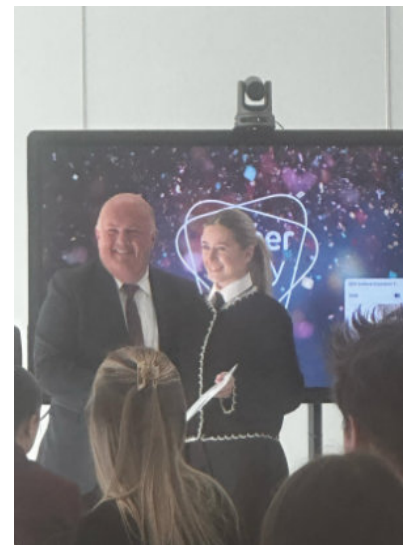
Career Ready Graduation

On 6 March 2025, 3 of our students attended their Career Ready Graduation at Forth Valley College. Career Ready is a charity which allows young people to have an opportunity to kickstart a rewarding future ensuring that young people are connected to the world of work.

They have worked in areas across Scotland by delivering a structured programme of mentoring, a paid internship, masterclasses and workplace visits. Young people received 12 1-hour mentor meetings at the mentor's workplace or school, 6 masterclasses delivered by volunteers as well as a 4-week paid summer internship between June- August.

99% of the 2023 alumni have gone onto higher education, work or apprenticeships. 90% of students rated their skills a strength by the end of the programme and 95% felt able to make career decisions which were right for them by the end of the programme.

We have 4 young people who have started the two-year programme this year and we look forward to them graduating next year. If you have any questions about Career Ready, please speak to Mr Latimer.



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Outdoor Education

As part of Outdoor Education, the S2 boys had the opportunity to do some hillwalking in the Ochils up Dumyat and Castle Law. The boys learned about the surrounding area. The focus of the walks was building resilience and perseverance. The boys faced mixed weather conditions and did well to reach the summit.



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Ski Trip

In February we took some of our pupils to Les Menuires in France for a ski trip. We had a wonderful time and the pupils did us proud. They advanced their skiing skills and had so many wonderful experiences including taking the mountain railway, sledding and even attending a festival in the snow for Chinese New Year.



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SCQF Ambassadors

After achieving our Silver SCQF Award in November our Ambassadors were asked to present at the SCQF National Event at the Royal College of Surgeons in Glasgow. Our pupils did us proud and articulated their journey towards silver wonderfully. We aim to achieve our Gold Award next year by continuing to raise awareness of the SCQF to pupils, parents and carers and embedding the Ambassador programme into our school culture. Please look out for our blog: <https://sway.cloud.microsoft/mBfETVek6GH0FI9e?ref=Link&loc=play> for updates on our journey and how the SCQF can help pupils to make informed choices and tailored learner pathways.



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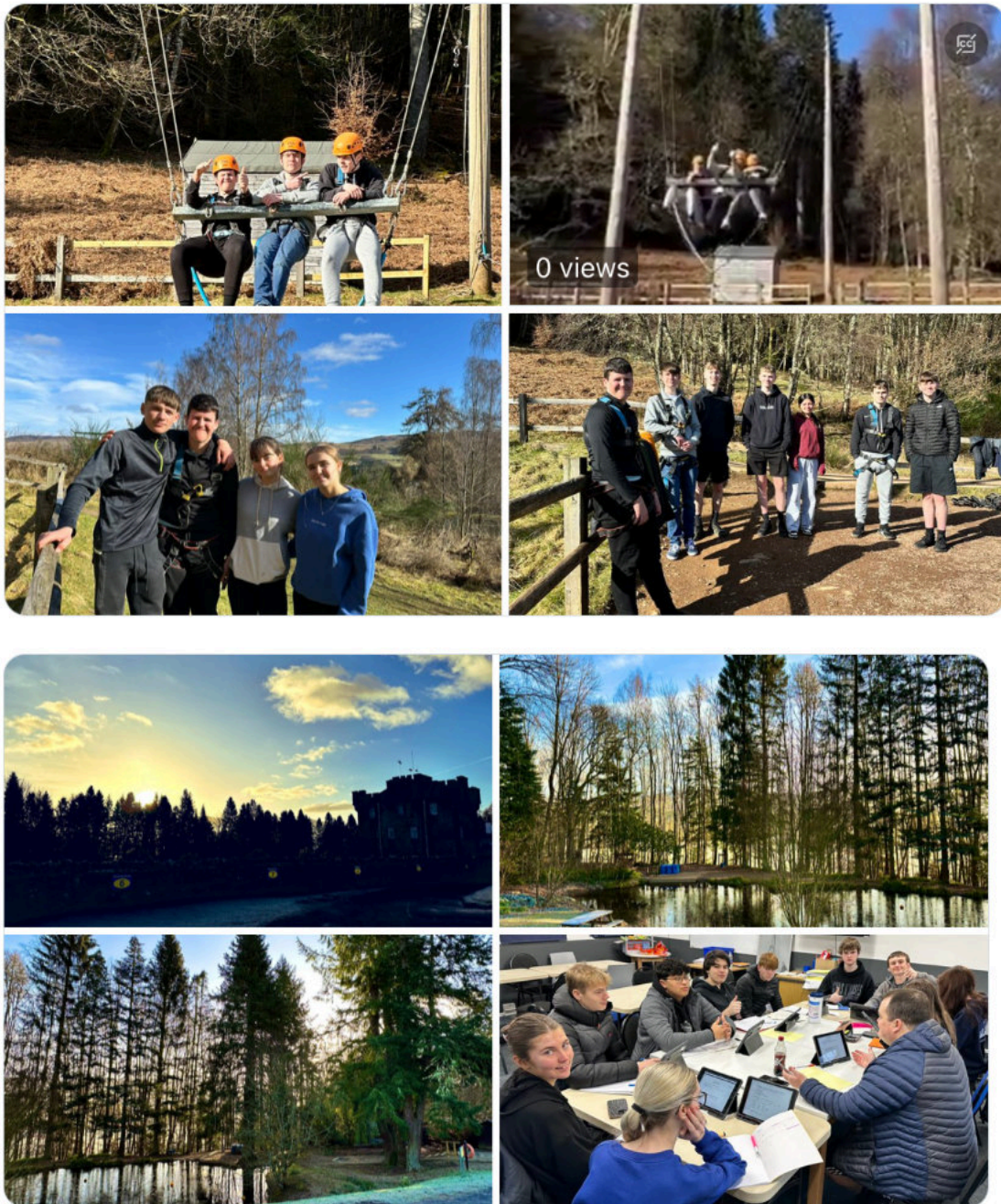
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Study Weekend

Study weekend – once again we had a hugely successful study weekend where pupils from S4, S5 and S6 immersed themselves in a weekend of masterclasses to prepare for exams in addition to pushing the boundaries and conquering fears on a range of challenging outdoor and team building activities. All pupils worked extremely hard throughout the weekend, engagement was excellent, and they continuously pushed themselves out of their comfort zones very well done.



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YPI at Bo'ness Academy

On the 6th of February, our S2 year group took part in an exciting event as we went head to head in our school's Youth Philanthropy Initiative (YPI) final. This event was a fantastic opportunity for students to engage in philanthropy, showcase their research and presentation skills, and, most importantly, make a difference in the community. Five groups competed each representing a different charity such as Open Door, Strathcarron Hospice, and FDAMH. The final was incredibly close, with each group delivering presentations of outstanding quality, showcasing the hard work, passion, and dedication they had put into their campaigns. The room was filled with energy and enthusiasm as the groups shared the vital work being done by their respective charities.

After much anticipation, it was Joy, Eva, Kallie, and Duncan who won the £3000 grant for their charity, Screen Memories. Screen Memories is a Falkirk-based charity that helps dementia patients reconnect with their past by using film to trigger memories.

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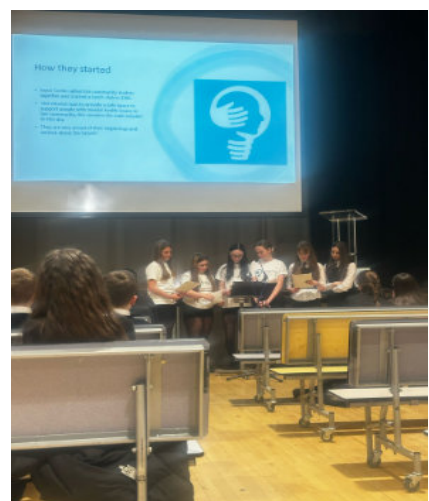
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This grant will significantly contribute to the charity's ongoing work, ensuring they can continue their invaluable support for local people and their families.

Since the final, the group has remained actively involved in supporting Screen Memories. They have attended several events hosted by the charity, providing them with insight into the impact of their work in the local community. The most recent event the group attended was a Screen Memories movie event in collaboration with a dementia support group in Bo'ness. It was during this event that the group witnessed the powerful effect of the charity's films, as many dementia patients were able to recall and share fond memories, sparking moments of joy and connection. This experience has been inspiring for the group, and it has further fuelled their commitment to philanthropy. They now have a deeper understanding of the importance of supporting local causes and making a difference in people's lives.



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Library

World Book Day, 6 March

On this fabulous day where we celebrate reading for pleasure, we gave any pupil who wanted to dress as a recognised literature character, complete a review about their favourite book. There were some great interpretations from pupils and staff!

On the day there were opportunities for classes to read short stories and for those who love design, to create a National Book Token design for their competition.



Lunch clubs

On a Wednesday we are reading through an LGBTQ+ novel nominated by the pupils called 'I Wish You All the Best' by Mason Deaver. On Thursday we now have 'Ye Olde Literacy Group' where a pupil chooses a book from the classics section and we read a random page, critique it and see who can guess what year it was published. Recently we started a new one, 'Fact Friday' where anyone who wants to come along, brings a fact of any kind they have found out and the source they used for it. It lets us share some great knowledge of what a good fact and source is...and what isn't!



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Expressive Arts

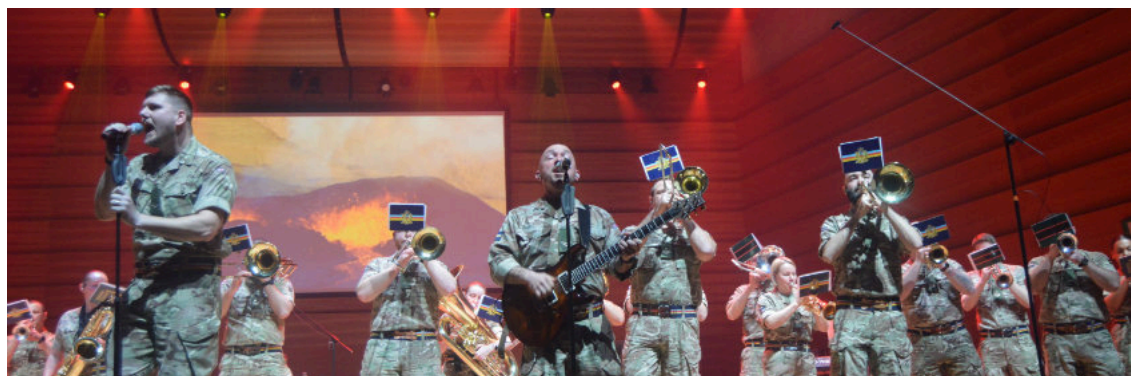
The Royal Corps of Army Music Trip with S1 and S2.

On the 29th of February, S1 and S2 music pupils went on an exciting trip to Perth Concert Hall to see the Royal Corps of Army Music, and what an amazing time they had! It was a great chance for them to see professional musicians in action, performing a mix of modern hits and classic tunes with incredible skill.

The Royal Corps of Army Music is known for its outstanding performances, and this one definitely didn't disappoint. From chart-topping favourites to well-loved classics, the musicians put on a show full of energy and talent, completely wowing the audience. The pupils were absolutely buzzing with excitement, with many saying it was an experience they'll never forget.

This trip was extra special because the students have been learning about orchestral music in class. Seeing a live performance helped them connect what they've been studying with real-life music, making it all feel so much more exciting. They got to see how different sections of a band work together to create such powerful sounds and gained a real appreciation for the dedication and teamwork involved.

The trip was a huge success, and the students left feeling inspired and even more passionate about music. A massive thank you to Perth Concert Hall and the Royal Corps of Army Music for an unforgettable performance. We can't wait for the next musical adventure!



Pictures were taken by one of our S2 students Caleb C





The Falkirk Regional Music Concert

The Falkirk Regional Music Concert was held on Tuesday 25th and Wednesday 26th of March which featured regional ensembles - senior and junior orchestra, guitar ensemble, junior wind band, pipe bands.

Bo'ness Academy pupils featured throughout the concerts showcasing their talent and skills to a large audience. A huge well done to all involved in this fantastic event.



Creative Industries Final Event – Echo of Eras

On the 13th of March, Bo'ness Academy's Creative Industries class took centre stage at Behind the Wall for their highly anticipated final music event, *Echo of Eras*. The night was a spectacular showcase of musical talent, featuring students from schools across Falkirk, and it proved to be an unforgettable experience for both performers and the audience alike.

The event, which celebrated music from different eras, allowed young musicians to demonstrate their passion, skills, and dedication to their craft. From classic rock to modern pop, the night was filled with electrifying performances that highlighted the hard work and commitment of the students throughout the course.

Not only was *Echo of Eras* a huge success in terms of entertainment, but it also served as an invaluable learning experience for the pupils involved. The Creative Industries course provided students with real-world skills in event planning, performance, and teamwork—essential tools for those pursuing careers in the arts and beyond.

A huge thank you goes to Miss.Gannon and Mr.Gemmell for their dedication and guidance in running the course. Their support and expertise have helped shape the next generation of creative professionals, giving them hands-on experience that will benefit them for years to come.

Congratulations to all involved in *Echo of Eras*—a night to remember and a testament to the incredible talent within Falkirk's schools!"

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Expressive Arts Gallery



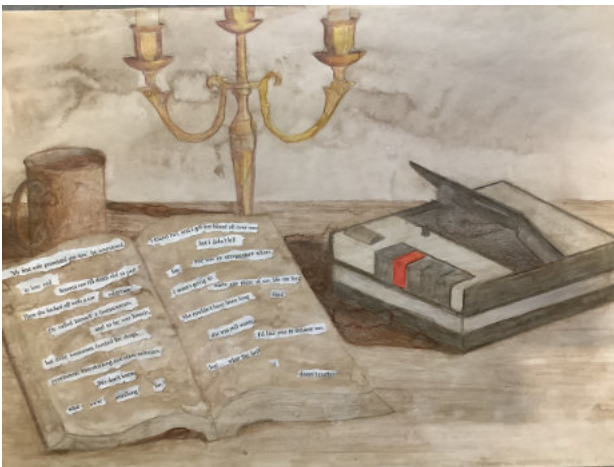
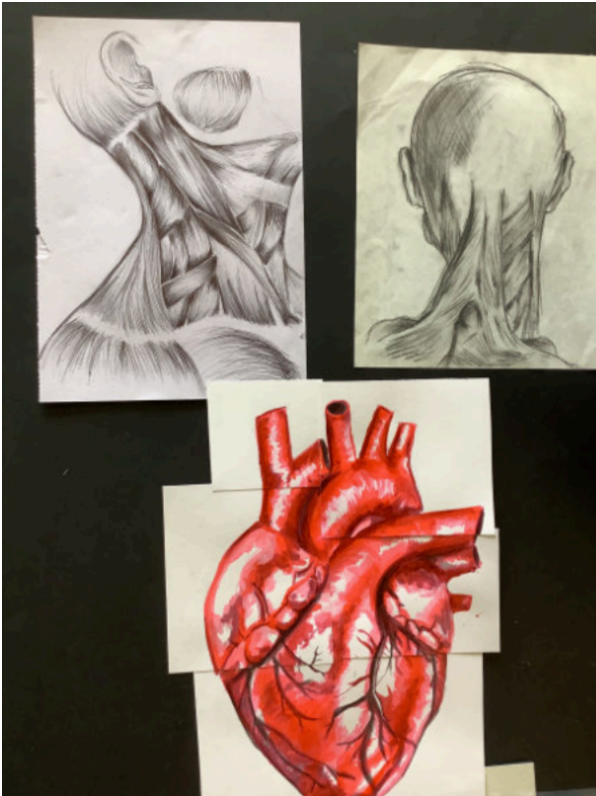
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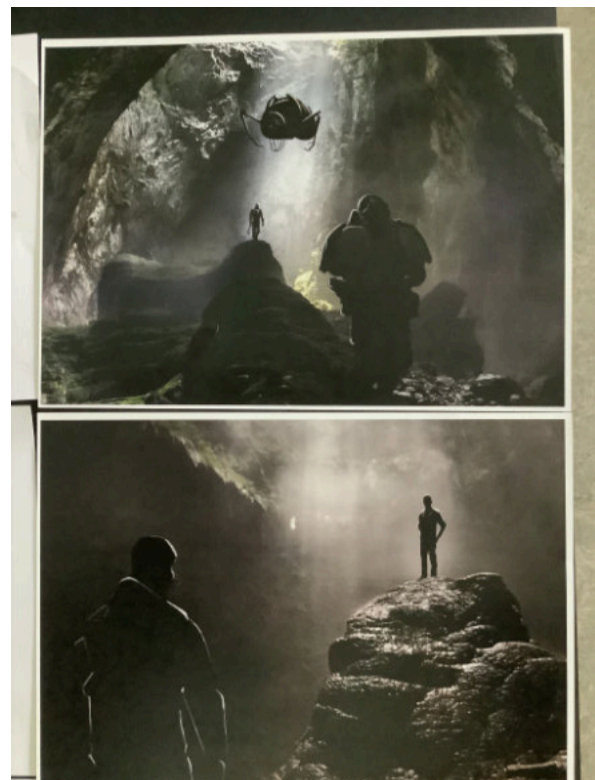
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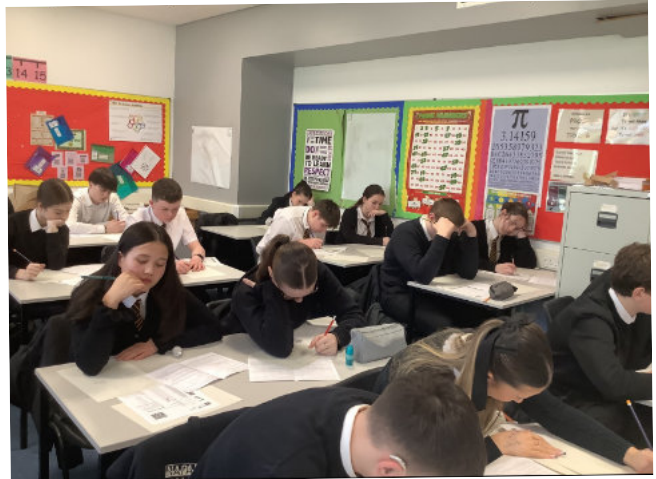
Maths & Numeracy

UKMT Intermediate Maths Challenge

On 29th January some of our S3 pupils took part in the UKMT Intermediate Maths Challenge. This was a great opportunity to take part in a Maths challenge which tested our problem-solving skills. Well done to 3 of our S3 pupils, Christopher M, Cameron W and Abigail R, who all gained a bronze award, and a special mention to Sonny R who achieved Silver and got awarded "Best in School". Next up will be some of our S1 and S2 pupils who will take part in the Junior challenge in May.



It's Competition Day!



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Pupil Support

Sewing Class

Alisa (S2) completed her cushion cover in Pupil Support sewing class

Four individual quilted blocks designed by her and all sewn by her. Joined together and then extra quilting using the embroidery stitches on the sewing machine. Finished with a zip in the back



National Museum of Scotland Visit

In Pupil Support, we recently had a visit to the National Museum of Scotland. We had a great time using the tram to get to Edinburgh and walking in the city to get to the museum. When we were there, we had a brilliant workshop all about animal adaptations and used our learning to help us with our writing when we came back to school. We had a brilliant time, and all the pupils were a credit to the school.



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Science

CERN Trip

25 Higher and Advanced Higher Physics pupils had a fantastic trip to CERN in Geneva to learn more about all things Physics including particle accelerators, the Standard Model and the latest ventures by the teams of scientists and engineers working to uncover the mysteries that remain in the universe. Taking in the wonderful sights of Geneva throughout, a brilliant time was had by all, every pupil was a huge credit to themselves, and the school. Well done for being an awesome!

Below is a link to the highlights video: https://twitter.com/boness_science/status/1904286216964706614?s=12



British Science Week 2025

Pupils worked on a variety of activities related to this year's theme "Change and Adapt." S1 pupils put their prior knowledge from the cells and environments topics to excellent use when they created 'Mars Critters' that would be able to adapt to life in the harsh Martian landscapes. S2s enhanced their knowledge of microbiology by learning about the ways that antibodies change and adapt to help the human body eliminate viruses.



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Syngenta Visit

S4 Chemistry pupils visited to Syngenta at Grangemouth to learn about chemical manufacturing and the number of roles involved including engineering, scientific research and production support. Pupils were praised for their excellent questions and engagement. Very well done!



Social Subjects

Criminology WAO

The Criminology WAO had a talk from PC Lemetti (School Based Officer) and PC McDougal (Community Based Officer) about their roles and responsibilities. This was invaluable for supporting pupils create high quality work for their assessments! Thank you to both officers for giving up their time to do this.



Dynamic Earth Trip

On the 10th March we had 50 pupils visit Dynamic Earth for their Careers Showcase for high school learners, showcasing organisations and careers in sustainability and science. This event allowed our pupils to engage with real scientists, explore sustainable career pathways and discover how STEM can lead to innovative futures. The event highlights included a range of interactive activities, expert led panels and a planetarium show.

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Technologies

Senior Future Assets Team 'Highly Commended'

Bo'ness Academy's Senior Future Assets Team were awarded **HIGHLY COMMENDED** for their efforts in the competition this year. Although the team didn't make it to the final, the judges were extremely impressed by the team's work, with the pitch achieving a place in the top level of entries in the senior category. This is the final pool from which the finalists are identified, with 18 judges from the investment industry closely examining the Research Report and Elevator Pitch Video.



Craft, Design and Technology Gallery

S1 Bo'ness Derby Race Cars



S2 Ball Bearing Game



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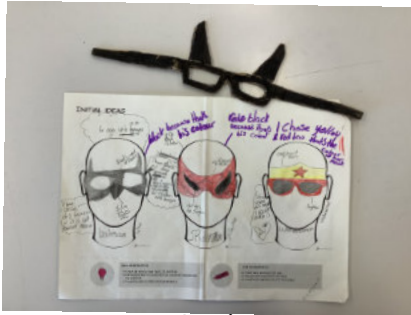


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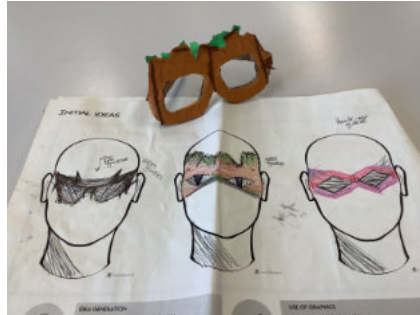


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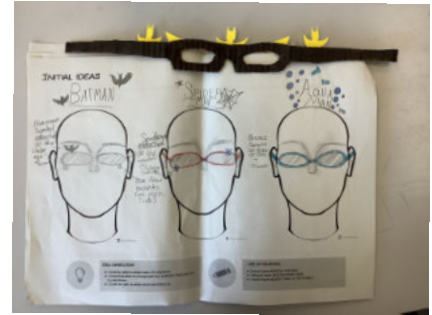
S1 Superhero Sunglasses



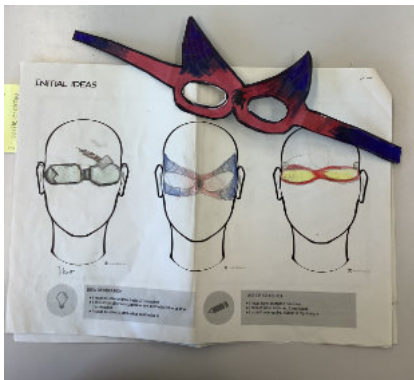
Lexi



Kara



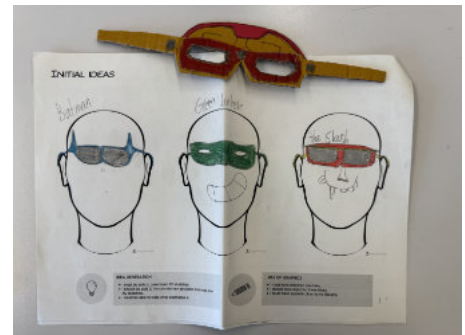
Evie



Yasmin

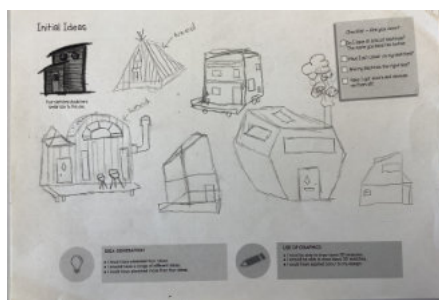


Susanna

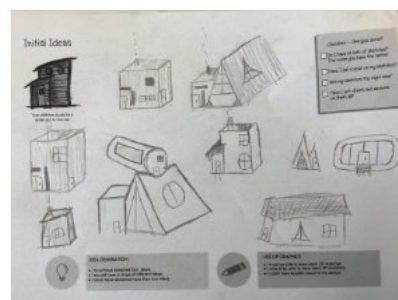


Angus

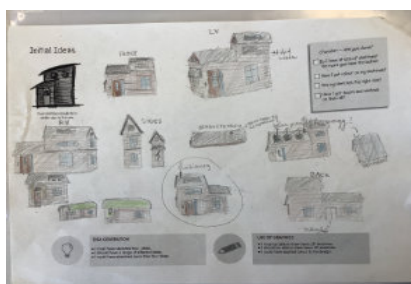
S2 Tiny House



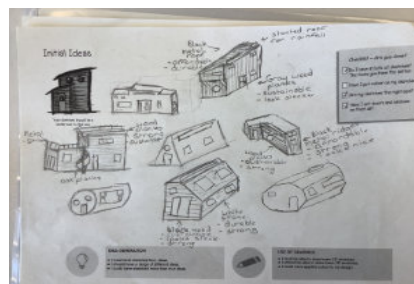
Miller



Connor



Emma



Elsie



Joy

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S3 Trophy Project



Olivia



Hayden

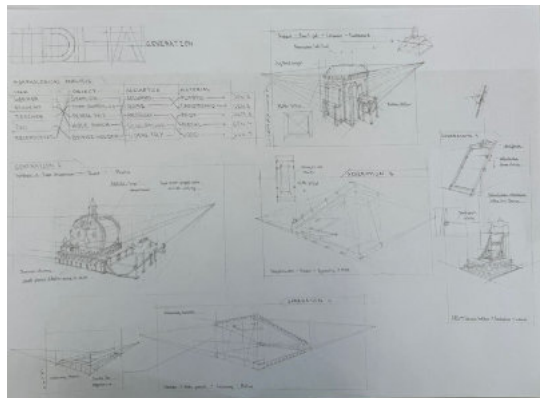
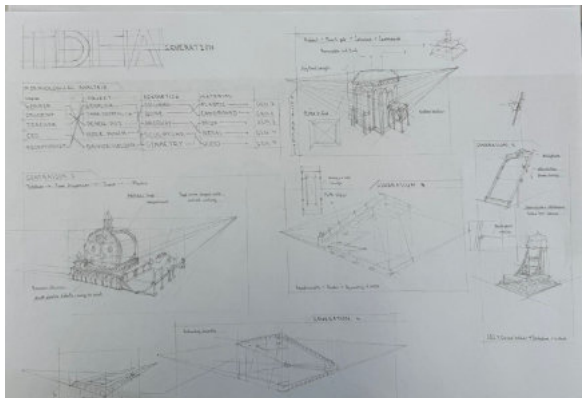


Noah



Arianne

Higher Design and Manufacture



Isla

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Health and Wellbeing

Participation in Sport

Clubs:

EXTRA-CURRICULAR TIMETABLE					
	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MORNING	Breakfast Club 8am-8:45am	Breakfast Club 8am-8:45am	Breakfast Club 8am-8:45am	Breakfast Club 8am-8:45am	Breakfast Club 8am-8:45am
LUNCH			Table Tennis Mr Attinasi		
AFTER SCHOOL	Netball Miss Fullard/Miss Haylin Girls Rugby Mikey Trew Swimming Miss Aitken 2:40pm-3:40pm	Badminton Mr Sinclair Parkour TBC Trampolining Miss Aitken 3:30pm-4:30pm	Cheer and Pom Miss Fullard/Miss Haylin S1-S3 Boys Football Mr Binnie S1-S3 Girls Football Mr Sinclair Girls Golf West Lothian Golf Club Boys Rugby Mikey Trew	Dance Club Miss Fullard/Miss Haylin Dance Team Miss Fullard/Miss Haylin Basketball Mr Sinclair 3:30pm-4:30pm	Happy Friday!

We have been incredibly happy with the continued attendance at our extra-curricular clubs since the turn of the year. Remember, as we progress into the spring and summer months, it is never too late to start! If you are keen, just turn up and get involved or speak to the relevant member of staff.

On the 19th March, at this year's Bo'ness Academy H&WB Sports Awards, pupils were recognised for their outstanding efforts within these extra-curricular clubs. Falling under the categories of "Most Improved" and "Best Performer", the leading member of staff selected their winners.

Swimming

Most Improved - Carson M
Best Performer - Arran B

Badminton

Most Improved - Aillie K
Best Performer - Finlay A

Trampolining

Most Improved - Adam W
Best Performer - Kelsie K



S1-3 Football

Most Improved - Ava W

Best Performer - Jay R

S2 Dance

Most Improved - Rhian S

Best Performer - Ruby B

S3 Dance

Most Improved - Jessica S

Best Performer - Imogen C

Senior Dance

Most Improved - Erin P and Katie P

Best Performer - Alyssia D

Basketball

Most Improved - Isla F

Best Performer - Joe C



Congratulations to all the winners. Keep up the fantastic commitment and enthusiasm for sport!



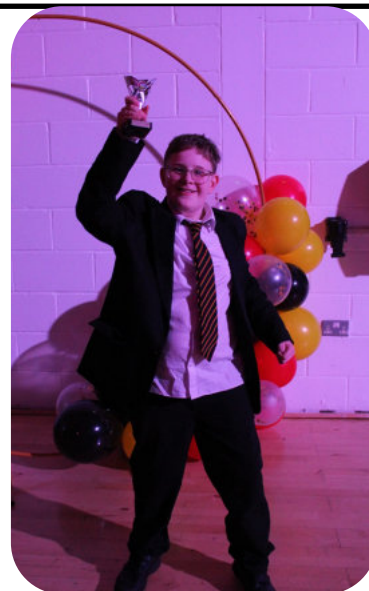
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Competition in Sport

SPAR Cup Regional Round - February 26th:

Boness Academy was proudly represented at Broadwood Stadium by both our U14 and U16 girls football teams at the SPAR Cup regional round after qualifying. We were one of the few schools to have teams competing in both competitions on the day, which is a testament to the hard work and dedication of our players. Although neither team progressed to the national round, the U14s came incredibly close, narrowly missing out by just 2 points. Both teams demonstrated great skill, determination, and sportsmanship, proving they can compete with the best school teams in Central Scotland. The girls were a credit to the school, and they should be extremely proud of their efforts.



Football Teams

U13's Boys:

It's been an exciting first year for our U13s as they embarked on their secondary school football journey. The season has been a real learning curve, with the team showing steady improvement and growth with each game. There have been some impressive individual performances along the way, and the team is building a solid foundation to hopefully kick on and achieve even more next year. A huge thank you to Mr. Caul for his time, dedication, and support in coaching the team this season!



U14's Boys:

The S2 football team at Boness Academy has had an impressive season, showing great skill and determination throughout. After finishing 2nd in the FV West League, they secured a place in the quarterfinals of the League Cup. The team faced McLaren High School at home on Thursday, 27th March, and delivered a fantastic 3-1 victory. Skipper Robbie D led by example, scoring two goals, while Elliot S added another to seal the win. The team is now preparing to face either Wallace High School or Graeme High School in the semi-final, which will take place during the first week back after the Easter holidays. Best of luck to the team as they push for a spot in the final!

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U15's Girls:

16 girls have represented the Bo'ness Academy's S1-3 girls football team this year. The team have been competitive across several competitions and have already delivered silverware with the potential for more. Along with their fantastic commitment, they are always a credit to the school each time they step onto the pitch with their, quality, comradery and resilience. Since the turn of the year, they have:

Completed their FV East League phase fixtures and remained unbeaten in the process to finish 1st. This included a last-minute equaliser from captain Jessica S to nick a point away to Larbert High School and jump above them in the league.

Competed in the regional round of the SPAR Cup at Broadwood Stadium. Here they narrowly missed out on the national finals by 2 points after picking up 11 points from their 6 games.

Reached the Semi-Final of the Regional Cup where they travelled to Larbert High School. On the day, Larbert played fantastic and deservedly progressed into the final.



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League Play-off Semi-Final - April 2nd:

The U15s continued their impressive campaign with a thrilling victory over St Modan's in the regional cup semi-final. The girls came flying out of the blocks, racing to a commanding 4-1 lead by halftime. However, St Modan's fought back in the second half, narrowing the gap to just one goal before Holly McKillop stole the show with a stunning quickfire hat-trick.

With a 8-4 win secured, the girls now advance to the regional cup final, where they will take on Scottish Cup finalists Wallace High School on Wednesday, 23rd April at Ochilview (1:00 PM kick-off).

This will be their final game of the season, so let's get behind them! Come along and show your support as they aim to finish the season in style!



U16's Boys Football:

The U16's Boys started the year off strong with wins to Denny High and Alloa Academy, a draw to Graeme High and a loss to Larbert High. This set of results saw them achieve 2nd place in the East League and making it to the quarterfinals where they faced off against Balfron High School. Here saw the boy's season come to an end as a 1-2 loss saw us exit. The boys had a fantastic season and was a great opportunity to bring the S3 and S4 players together for the first time. Joint top goal scorers for the season were Brendon and James who finished on 3-a-piece.



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U18's Boys:

Following last season's historic season in winning the Forth Valley Senior League for the first time ever, the Bo'ness Academy Senior Football Team set out to build on their success. While they were unable to progress through the league phase this year after some frustrating dropped points, their Scottish Cup run was nothing short of remarkable. Reaching the quarterfinals of the national competition and coming within a penalty shootout of the semi-finals is an incredible achievement. The team has once again made history, and every player should be extremely proud of their efforts!

As the U18's geared up for their cup final, the squad came together for some crucial final preparations after a few weeks apart. This session was invaluable in ensuring everyone was ready for the big game. On the day, a competitive and high-quality match was played in great spirit, with Team Attinasi edging out Team Sinclair 3-2. Goals came from Taylor C, Lewis M, Lewis A, and a double from Brooklyn B. This was a fantastic way to sharpen up ahead of the final.

The Falkirk Cup Final - April 2nd

The lads got off to a dream start, with Rudi O'Donovan nodding home inside the first 10 minutes. However, a strong Dunblane side—league champions in Stirlingshire—turned the game around and secured a 4-1 victory.

This marks the end of what has been a frustrating yet record-breaking season for the U18s. A fantastic Scottish Cup quarter-final run, a disappointing 5th-place league finish, and a tough defeat in the Regional Cup final all tell the story of a team that continues to push boundaries.

Despite the setbacks, the squad has once again shown they can compete with the best at their age level and consistently challenge for silverware. Their resilience and determination have been evident throughout the campaign.

On behalf of Mr. Attinasi and all the staff who have worked with our senior players, we extend a heartfelt thank you to those departing Bo'ness Academy this summer. Your efforts have played a key role in this successful era for the senior football team. Best of luck in your next chapter!



ASPIRATION



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RESPECT

Netball

The Bo'ness Academy netball team recently showcased their skills at the Falkirk Schools Active Schools Tournament, facing strong competition from across the region. In a fiercely contested match, they secured a hard-fought victory against Graeme High School, demonstrating resilience and teamwork. Led by senior pupils Jennifer H and Katie O, the team has committed to training every Monday, continuously pushing themselves to improve. Their dedication was evident throughout the tournament, with standout performances from Heather T, Daisy M, and Anna C, who received multiple Player of the Match votes. Beyond their impressive performances, the team displayed outstanding sportsmanship, representing Bo'ness Academy with pride and respect at Grangemouth Sports Complex. We look forward to seeing how this team continues to progress over the coming years!



ASPIRATION



MOTIVATION



RESPECT

Falkirk Active Schools Swimming Competition

Boness Academy recently had an impressive showing at the Falkirk Active Schools Swimming Competition, held at Grangemouth Sports Complex. Our talented swimmers put in fantastic performances, bringing home 8 medals on the day. A huge congratulations to Sebastian K (S3), who won multiple medals across different events. Nathan H (S3) secured a well-deserved second place, while Jack B and Nieve L both claimed second in their respective freestyle events. Callum G took third in breaststroke, Hannah L achieved second place in freestyle, and Susanna S rounded off the success with a third-place finish in backstroke. Well done to all our swimmers for their hard work and dedication!



Trampoline Competition - February 25th:

We are thrilled to share the incredible success of our recent trampolining competition, which we hosted for all schools in the local authority for the second consecutive year! The event was a spectacular showcase of talent, as we welcomed members of British Gymnastics to judge the competition, adding an extra level of excitement and expertise to the day. Bo'ness Academy shone brightly, securing an impressive 2nd place overall, and a huge congratulations to Freya C for winning a well-deserved silver medal! It was an amazing day filled with energy, skill, and sportsmanship, and we are so proud of our pupils for their outstanding performances. Well done to everyone involved!



ASPIRATION



MOTIVATION



RESPECT

Cross Country – March 18th:

Boness Academy had another fantastic showing at the recent Active Schools Cross Country Competition, with 9 pupils representing the school. Hannah M delivered a brilliant performance, finishing 4th in the S3 girl's category and achieving a new personal best time. The senior boys dominated their event, securing the overall team win. Joe A (S5) led the way with an outstanding 1st place finish, completing the course in an impressive 7 minutes and 27 seconds. Brogan D (S5) followed closely behind in 3rd place, while Will S (S5) finished strong in 5th. A huge well done to all our runners for their determination and effort!



Falkirk Active Schools Athletic Competition

Despite the rain, Boness Academy also had an excellent turnout at the Falkirk Active Schools Athletics Competition, held at Grangemouth Stadium, with over 30 pupils taking part. Our athletes gave it their all, with Callum G securing an impressive 2nd place in the shot put and Elliot S earning 3rd place in the long jump. The event provided a fantastic opportunity for our pupils to showcase their talents, build confidence, and develop their teamwork and resilience. It was great to see so many of our young athletes engaging in healthy competition and representing the school with pride. Well done to everyone involved!



ASPIRATION



MOTIVATION



RESPECT

Transition Dance – March 20th:

A huge well done to S3 pupils Daisy and Imogen, who choreographed a fantastic routine for Bo'ness cluster pupils, ranging from Primary 6 to S2. Their hard work and creativity shone through as the group competed against other schools across Falkirk. To top it off, Daisy and Imogen also took to the stage themselves, delivering a brilliant performance on the night. A fantastic achievement—well done to all involved!



Falkirk Dance Competition – March 11th:

What an incredible day we had at the Falkirk School Dance Competition, hosted at Grangemouth High School, with over 80 competitors from across the local authority! Our talented pupils put their creative minds together to design their own choreography for a variety of dances, showcasing their passion and teamwork. We had two fantastic junior group dances— a high-energy Tina Turner “Disco Inferno” and a jazzy, fun “Big Spender.” Our performers also impressed with a stunning Highland solo and a senior group dance that dazzled the judges, earning a well-deserved silver trophy! It was a day of outstanding performances, creativity, and teamwork, and we couldn't be prouder of our dancers! Congratulations to all who took part!



ASPIRATION



MOTIVATION



RESPECT

Celebrating Success

Sports Awards – March 19th:

One of the highlights of the Health & Wellbeing calendar, the Bo'ness Academy Sports Awards was a fantastic evening celebrating the incredible achievements of our pupils, both within and beyond the curriculum. On the night we had over 160 pupils nominated with a third of these pupils winning or being recognised on stage for their success. Congratulations to all the winners — your hard work and commitment continue to make us proud!

U13's Boys Football:

Players Player of the Year - Kian M
Coaches Player of the Year - Charlie L

U14's Boys Football:

Players Player of the Year - Josh H
Coaches Player of the Year - Robbie D

U15's Girls Football:

Players Player of the Year - Sofia H
Coaches Player of the Year - Jessica S

U16's Boys Football:

Players Player of the Year - James H
Coaches Player of the Year - Riley M

U18's Boys Football:

Players Player of the Year - Piotr K
Coaches Player of the Year - Will S

Junior Netball:

Players Player of the Year - Heather T
Coaches Player of the Year - Heather T

Senior Netball:

Players Player of the Year - Isla M
Coaches Player of the Year - Anna S

U13's Rugby:

Players Player of the Year - Calum G
Coaches Player of the Year - Calvin

U14's Rugby:

Players Player of the Year - Olly M
Coaches Player of the Year - Harry S

S1 Core "Rookie of the Year" - Callum G

S2 Core - Jessica S

S3 Core - Abigail R



ASPIRATION



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Junior Leader of the Year - Daisy M
Senior Leader of the Year - Macy D

Club of the Year - Swimming
Team of the Year - U15's Girls Football



ASPIRATION



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Special Recognition Award - Amy Y and Connor M

Amy has been involved in several Bo'ness Academy PE events over the years including representing Bo'ness at the Inter Schools Cheerleading Competition, GoDance performance, leading clubs in the school as well as our local primary schools. Amy has been a role model throughout her time at Bo'ness Academy and we wish you all the best for the future.

Connor has been an ever-present student in the PE department throughout his 6 years at Bo'ness Academy – from S2 school of football, through to higher PE and L7 Referee – he has completed almost every course we have to offer. His hard work, commitment and enthusiasm has remained consistent throughout every year, a man that absolutely loves sport and sets a standard as a role model for younger pupils in the department. Furthermore he has been at the forefront of the squad development and change of mindset for the senior football team where he has been the top goal scorer in the last three seasons, helping the team bring home their first trophy in 62 years in last season's campaign, and with another cup final to come next week. He has recently represented the Bo'ness U20s team.



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Active Schools Recognition Award - Katie O and Jennifer H

Jennifer and Katie have volunteered a significant amount of their own time within Bo'ness Academy, our cluster primary schools as well as at Active Schools holiday camps across the council. Between them both, they have volunteered over a staggering 300+ hours since the start of July 2024, this is an incredible achievement. From leading the school's netball club to delivering a variety of sports and activities to various age groups, Steph, the PE department and the Active Schools team would like to say a massive thank you to Jennifer and Katie for the time that you have both dedicated to inspiring the next generation!



Finally, a huge thank you to our inspiring guest speaker, Mark Austin, for sharing his story, and to Sophie Wallace for her excellent work presenting on the night. We also extend our gratitude to Miss Fullard and Miss Havlin for their dedication and support in making the event a success.



Pupil of the Block:

Congratulations to our block 3 pupils of the block.

Mr Johnston:

Senior – Jennifer H

BGE – Zac A

Mr Sinclair:

Senior – Max M

BGE – Kai K

Mr Attinasi:

Senior – Isla M

BGE – Josh H

Miss Havlin:

Senior – Steven H

BGE – Nevaeh N

Miss Aitken:

Senior – Zoe S

BGE – Olivia P

Miss Fullard:

Senior – Caiden D

BGE – Abigail R

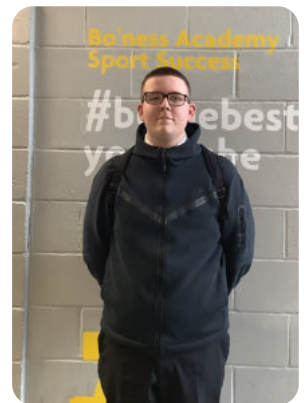
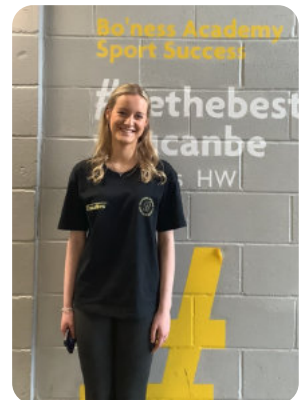
Mr Binnie:

Senior – Jamie B

BGE – James B

Well done and keep being role models within the H&WB faculty!





ASPIRATION



MOTIVATION



RESPECT

Pupil Leadership

Basketball League 2 and 3:

A huge thank you to all the volunteers who supported Night 2 and Night 3 of the Cluster Basketball League. You've been fantastic role models, helping ensure the events ran smoothly and successfully. Your commitment and enthusiasm have made a real difference! We're looking forward to one final exciting night after the Easter **holidays** — ***let's finish on a high!***

Cluster Clubs:

This term saw us run another block of sports clubs for P5-7's from the local primary schools. Macy ran a 6-week block of swimming which saw 22 children attend every week. Daisy & Imogen ran a 9-week block of dance which culminated in 17 girls competing in the Active Schools Cluster Dance competition at Grangemouth HS. We also had a 6-week block of multi-sports which was run by ex-pupil Kyle who is now attending Forth Valley College. As always, these clubs are extremely popular and help the primary children with their transition up to the Academy.

If you would be interesting in helping to deliver a cluster club, please see Mr Sinclair or Steph.

Cluster Netball League:

Thank you to Jennifer, Katie, Lisa, Nicole, Abigail, Anna C, Heather, Jessica, Anna S & Karys who all help coach our primary netball teams at Public, Kinneil & Deanburn. They recently went to the final night of the first ever Active Schools Primary Netball League where Public & Deanburn qualified for the finals at the end of April. Well done girls!



Cluster Handball Festival – March 13th:

The Cluster Primary Handball Tournament in Bo'ness was a huge success, with four local primary schools—Deanburn, Public, Kinneil, and Grange—coming together after school for friendly competition. The event was completely planned, organised, and run by our dedicated S6 leaders, who showed impressive leadership and teamwork skills throughout the process, with some support from Active Schools Coordinator, Steph. The tournament went incredibly well, and the pupils displayed exceptional handball skills, reflecting the hard work put in by the S6 leaders, who had been delivering handball sessions in the primary schools as part of their volunteering qualification. After an exciting series of matches, Grange emerged as the overall winners, but all participants should be proud of their efforts and sportsmanship. A big congratulations to everyone involved!



Cluster Primary Tennis Competition – March 25th:

This term also saw us host the annual Cluster primary tennis competition. P5's from all 5 Bo'ness Primary Schools were invited to play round robin matches, umpired by our very own senior pupils (Jennifer, Katie, Zara, Erin, Ally, Ruiraidh, Alfie and Caiden). This year's competition was won by Deanburn PS. These competitions would not be able to go ahead without the help of our brilliant volunteers, thank you all!



ASPIRATION



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RESPECT

Events

Curriculum Information Evening – February 4th:

Our recent Curriculum Evening was a fantastic opportunity for both pupils and parents to explore the diverse range of pathways available within the PE department. Attendees had the chance to learn about the various qualifications we offer, from dance and refereeing qualifications to National 4 PE, all the way through to Advanced Higher. The event showcased the many exciting opportunities for students to develop their skills, knowledge, and passion for physical education in a variety of fields. It was a great success, providing valuable insight into how PE can be a stepping stone for future careers or further studies, and we look forward to supporting our pupils as they take the next steps in their PE journey!

Higher and N5 1-Off Performances – Week Beginning February 24th:

What an action-packed and energetic week we had during our One-Off Performance Week! All National 5 and Higher pupils took part in two activities each, giving their absolute best to secure scores that directly impact their grades. The department was buzzing with excitement as students competed in a variety of activities, from dance and trampolining to football and basketball. Our seniors handled the pressure exceptionally well, showing determination, skill, and sportsmanship throughout. It was a busy and intense week, but their dedication truly shone through. We're incredibly proud of their efforts and wish them the best of luck as they move forward into the exam period!

Staff Versus Pupils:

The Staff vs Pupils events have been full of excitement and friendly competition! So far, three events have taken place: basketball, netball, and badminton. The staff team has had a strong showing, winning both the netball and badminton matches. The basketball event ended in a thrilling draw, with both teams giving it their all.

The biggest event of the year is still to come – the Staff will face off against the S6 team in a football match! This highly anticipated game will take place on Wednesday, 23rd April, after school on the astro pitch. All pupils are invited to come along, cheer on their team, and enjoy the action.

Don't miss out on this exciting showdown – it's sure to be a memorable event!

Home Ec.

Meal Prep Mondays – A Recipe for Family Learning:

Our Meal Prep Monday's initiative has been a fantastic success, bringing together S1 students and their families to cook delicious, homemade meals in a relaxed and supportive environment. From making pizzas from scratch to preparing hearty lasagnes and flavourful sweet and sour chicken, families have enjoyed quality time while developing essential cookery skills.



This initiative not only promotes healthy eating habits but also fosters confidence in the kitchen, encouraging families to cook together at home. By learning how to prepare nutritious meals from fresh ingredients, our students are gaining lifelong skills that align with the principles of Health & Wellbeing. We have loved seeing the enthusiasm and teamwork each week and look forward to continuing this valuable programme.

S2 School of Bake – Easter Treat Boxes for a Cause:

Our enterprising S2 students in the School of Bake have been putting their skills to the test by creating and selling Easter treat boxes. This project has allowed students to develop their entrepreneurial abilities, from designing their products and selecting packaging to working out the costs and pricing to ensure a successful fundraiser for our department.

Through this initiative, students have not only showcased their creativity but also gained practical business experience. Their dedication and hard work have been truly inspiring, and the funds raised will go towards enhancing resources within the Health & Wellbeing department. The Easter treat boxes have been a hit, and we are incredibly proud of our students for their commitment and effort.

Thank you to everyone who has supported these initiatives – your enthusiasm and encouragement make all the difference.

Closing Remarks:

As we come to the end of another busy term, I'd like to take a moment to thank all our staff for their incredible effort and commitment, ensuring that our pupils continue to thrive. A huge well done to our pupils for their hard work in completing coursework and meeting deadlines, as well as their dedication to the many extra-curricular opportunities available. To our senior pupils, we wish you the very best of luck in your upcoming exams. Finally, I hope everyone enjoys a well-deserved and restful Easter break!

